



Thame Hockey Club: Covid-19 Guidance for Visiting Teams

Welcome to Thame Hockey Club.

Covid Officer – Clare Seed 07833-977131

Our main pitch is at Thame Leisure Centre, Oxford Road, Thame, OX9 2BB.

Parking is available at the leisure centre but may become busy at peak times.

We would please ask opposition captains to share this document with their teams and ensure players adhere to the following Covid-19 guidelines at all time. These are based on England Hockey (EH) guidance: <http://www.englishockey.co.uk/page.asp?section=2633>

KIT AND FACILITIES

Please arrive in your kit, ready to play and bring hand sanitiser with you. We will also endeavour to provide hand sanitiser. CHANGING ROOMS WILL NOT BE AVAILABLE and PLEASE SHOWER AT HOME as per EH guidelines. Toilets will be available.

Please bring all your own kit including your own warm up balls. We will provide a match ball, please do not handle this, only use your stick to retrieve this when required.

PITCH ACCESS

On arrival at Thame Leisure Centre, please DO NOT enter the astro pitch while there is another game/session in progress. Instead, meet on the grass mound on the right-hand side of the pitch. **Do not gather by the astro entrance, this is also the exit point for the gym and must be kept clear.**

On the grass mound please do not wait on the outside corner of the astro as this causes a congestion point for teams leaving the astro.

Please watch this video for clarification: <https://youtu.be/bRSovXtMfiQ>

There is unlikely to be much time on the astro in between matches; it is suggested that all teams warm up outside the astro as much as possible to keep matches on time as much as possible.

ONLY ENTER THE ASTRO PITCH WHEN INDICATED BY THE HOME TEAM CAPTAIN.

Once inside the astro please place your kit on the fence near the 'AWAY TEAM' signs and observe social distancing until the start of the match.

DURING YOUR MATCH

If you are subbing or suspended please maintain social distancing (2m apart, max 6 in a group), and stay behind the cones to allow adequate space for the umpire. This also applies to team managers.

SPECTATORS should be asked to watch the game from **OUTSIDE** the fence around the pitch, from the viewing mound please, and must observe social distancing at all times (2m apart, max 6 in a group).

AFTER YOUR MATCH

Please exit the astro AS SOON AS POSSIBLE, and congregate on the grass mound for any post-match discussion / form signing etc. This allows the astro to be clear for the next match to begin promptly.

Please take any rubbish home with you. We are not permitted to use the leisure centre bins at any time and should not leave any rubbish on the pitch.

Please contact the Thame Hockey Club Covid Officer if any of your players subsequently shows symptoms or test positive for Covid-19.

Thank you for adhering to these measures and please enjoy your match!

HOCKEY'S BACK!

HERE'S WHAT TO REMEMBER

AT HOME



SIGN A PLAYER AGREEMENT*
***(ONLY THE 1ST TIME YOU PLAY)**

BRING HAND SANITISER

WEAR YOUR PLAYING KIT

SELF-ASSESS FOR COVID SYMPTOMS



FOLLOW THE GOVERNMENT TRAVEL ADVICE

CHECK IN WITH YOUR ORGANISER FOR TRACK & TRACE PURPOSES

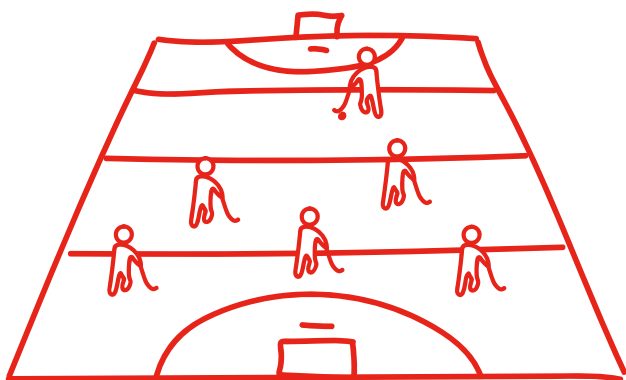
SOCIALLY DISTANCE AT 2M IN GROUPS OF 6 MAX

CLEAN YOUR HANDS DURING BREAKS

FOLLOW THE FACILITY RULES WHEN ACCESSING INDOOR SPACES

OUTSIDE OF PLAY

DURING PLAY



RESPECT YOUR OPPOSITION & UMPIRES

TAKE PENALTY CORNERS & FREE-HITS AROUND THE D PROMPTLY

ONLY TOUCH THE BALL WITH YOUR STICK/ GK EQUIPMENT

USE YOUR OWN PPE OR DISINFECT BEFORE USE
SOCIALLY DISTANCE WHEN PLAY STOPS

NO HANDSHAKES WITH OTHER PLAYERS OR CLOSE CONTACT DURING GOAL CELEBRATIONS

AVOID SHOUTING EXCESSIVELY AND SPITTING

AVOID RUNNING EXERCISES THAT INVOLVE OVERLY REPETITIVE CLOSE CONTACT



CLEAN YOUR KIT OR LEAVE FOR 72 HOURS

IF YOU DISPLAY ANY SYMPTOMS AFTER PLAYING CONTACT YOUR HOCKEY PROVIDER'S COVID-19 OFFICER IMMEDIATELY

AFTER



ENGLAND
HOCKEY

PLEASE NOTE THAT GUIDANCE MAY CHANGE AT SHORT NOTICE AND RESTRICTIONS MAY BE REINTRODUCED. TO STAY UP TO DATE WITH ENGLAND HOCKEY RETURN TO PLAY GUIDELINES VISIT WWW.ENGLANDHOCKEY.CO.UK/COVID19 TO STAY UP TO DATE WITH GOVERNMENT SOCIAL DISTANCING GUIDELINES VISIT WWW.GOV.UK/CORONAVIRUS