



A guide for Visiting Clubs to Eastcote HC



Sep 2020 - Version 1.1

GROUPS OF 6 FOR ALL OFF PITCH ACTIVITY This includes all team talks, teas and bar. No Mixing

General

- Please arrive changed, there are no showers or changing facilities available
- Toilets will be available in the clubhouse
- Please bring your own hand sanitiser, there will also be hand sanitiser at Eastcote
- Visiting clubs to ensure Participation Agreements are completed & Attendance Forms are submitted to England Hockey

The new EH Guidelines & Rule of 6

- Pre & Post Match Talks should happen outside the hockey cage in groups of 6
- Physical Warm Ups & Downs should happen outside the hockey cage in groups of 6

The Pitch has a One Way System

- On field activity such as stick and ball warm up and actual play do NOT need to be in groups of 6

Entry – walk through the entry gate and go to the far end of the pitch alongside the spectator area.

Once the previous team has cleared the dug out, then enter the playing area

Exit - At the end of the game, please clear the dug out quickly and leave via the gate you entered

Teas

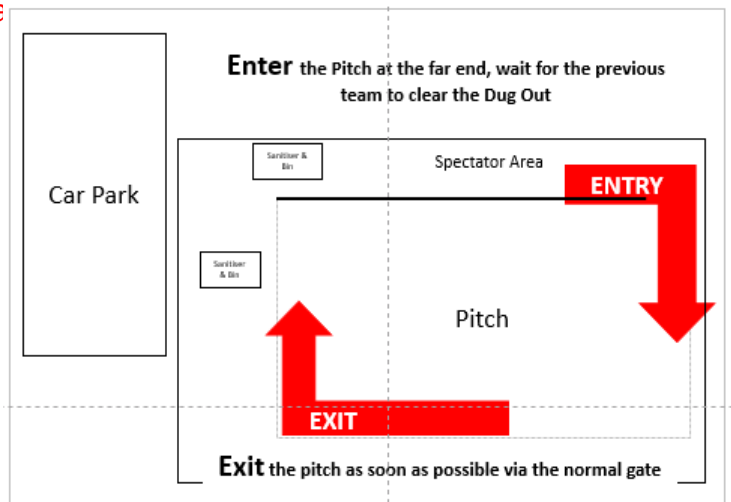
- We are able to offer teas for all players playing at Eastcote HC but NOT visitors playing at Brunel University
- **Only tables of 6 are available, no mixing**
- Teas will be on a timed basis. You will have a time slot c. 75 mins & then asked to leave!
- This allows time for the area to be cleaned before the next two teams arrive

Bar

- The bar will also be open and will have the same timing plan as teas
- **Only tables of 6, the 6 should be the same as your “teas” table of 6**

Spectators

- Spectators welcome but only in groups of 6 and socially distanced



Please respect all social distancing guidelines

Let's have a safe & enjoyable season

Subject to change following Government and England Hockey guidelines